

- ❖ shoulder hook with hip grab (agent) → face push following through with **long guard** to **iron gate** – variation (counter)



The agent grasps the patient agent's shoulder with his left hand, and successfully grabs the patient agent's left hip. The patient agent suppresses the agent's right arm with left, deploys **boar's tooth** (*dente di zenchiar*) over the agent's left arm, positions the patient agent's right leg between agent's and does a face push with the right hand on the agent by twisting to the right, following through with a long guard (*posta longa*) and takedown to iron gate (*porta di ferro*).

1.2.3 Abrazare – Master #2 (counter techniques)

- ❖ face/chin push and hip grab (agent) → elbow push (counter)



The agent grabs the face, chin or nose of the master – patient agent (wearing the leg band) with left hand and right hand grabs the patient agent's left hip. The patient agent simply grabs the elbow with right hand and pushes up to escape.

- ❖ continuing → hip turn and throw (counter)



The counter successfully executes with elbow push, then turns hips counter-clockwise positioning right foot between agent's legs, at the same time, grab the agent's right wrist with left hand and across the shoulders destabilizing the agent, and with the right hand, grab the left leg of the agent, and lift agent and throw.

Note: this move is extremely dangerous – at minimum, you must have mats on the floor.